

RESUME

Name: Fahimeh Fathali Lavasani

Scientific position: Assistant Professor at Iran University of Medical Sciences

Place & Date of Birth: Iran, Tehran / 1967

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Education

A. Long Term:

- Bachelor of Clinical Psychology, Alameh Tabatabaiee University, 1990
- Master Degree in General Psychology , Alameh Tabatabaiee University, 1993
- Master Degree in Clinical Psychology, Iran University of Medical Sciences, 2001
- PhD in Clinical Psychology from Iran University of Medical Sciences, 2007

B. Short Term: Courses and workshops:

- Cognitive Behavior Therapy. Dr. Dobson; Tehran Psychiatric Institute, 2001
- Life skills Training. Dr. Bilington ; WHO & Welfare Organization, 2001
- Psychoanalysis course. Tehran University of Medical Sciences, 2002-2004
- Group therapy. UNODC, 2005
- Parenting Skills. Dr. Sanders; Ministry of Health & Medical Education. 2010
- Teaching & Evaluation: Principles and Methods. Iran University of Medical Sciences, 2009
- Qualitative Research (preliminary & advanced). Iran University of Medical Sciences, 2010
- Family therapy. Tehran Psychiatric Institute, Iran University of Medical Sciences, 2012
- Behavioral Drug & Risk Reduction (BDRC). UNODC and universiti sains Malaysia/ Malaysia, 2014
- Systematic Review & Meta-Analysis, School of Behavioral Sciences and Mental Health, Iran University of Medical Sciences, 2016

Books & Manuals

A. Translation

- Neuropsychology. Chameh Press; 1999
- Symptoms in the Mind. Chameh Press; 1999
- Coping with Depression. Hayyan Press; 2000
- Mental health Promotion. Welfare Organization Press; 2001
- A parenting manual for substance abuse prevention. University of Social Welfare & Rehabilitation Press; 2011

B. Development

- Primary prevention, Mental Retardation. Ministry of Health & Medical Education; 1999
- Life Skills package for fourth grade students. Welfare Organization press; 2000
- Life skills package for fifth Grade students. Welfare Organization press; 2000

- Mental Health and life skills for women. Ministry of Health & Medical Education; 2001
- Prevention of substance abuse for Mass Media. UNODC & Welfare Organization, 2001
- Tobacco prevention for Middle school students. Shahid Beheshti University of Medical Sciences; 2003
- Marital Skills for couples. Tehran Psychiatric Institute; Danjeh Press; 2006
- Communication skills for couples. Astan Ghods Press; 2007
- Conflict resolution for couples. Astan Ghods Press; 2007
- Strengthening the couple relationship, Astan Ghods Press; 2007
- Drug Use prevention among drug abusers' spouses. UNODC; 2008
- Life skills for prisoners. Prison Organization; 2010
- Substance abuse prevention for Mass media, UNODC, 2010
- Addiction prevention in families. University of Social Welfare & Rehabilitation Sciences Press; 2011
- Substance Abuse Prevention in Family, University of social welfare and rehabilitation sciences Press, 2011
- HIV/ AIDS prevention for adolescents & counselors (2 booklets). UNICEF on child protection and adolescence friendly services;2012
- Behavioral Manual for treating ATS abusers. UNODC & Tehran Psychiatric Institute; 2013
- Brief Intervention for psychiatric disorders in Primary Care Health, Ministry of health and Medical Education ;2013
- Brief intervention for preventing suicide in in Primary Care Health, Ministry of health and Medical Education ;2013
- Breaking Bad News in Primary Care Health, Ministry of health and Medical Education ;2013
- Life skills for DIC clients. UNODC, 2014
- The empowerment service package for mental health workers in in Primary Care Health, Ministry of health and Medical Education ;2016
- Harm reduction service package In Integrating substance use disorder services in Primary Care Health, Ministry of health and Medical Education ;2017
- Harm reduction service package In Integrating Alcohol use disorder services in Primary Care Health, Ministry of health and Medical Education ;2017
- Improving Marital Satisfaction, Ministry of health and Medical Education, 2017
- Empowerment & domestic violence prevention In empowerment interventions in adverse social health outcomes, Ministry of health and Medical Education ; 2018
- Check-in Process for Youth Health clubs, UNICEF & Ministry of Health and Medical Education, Centre of Communicable Disease Control, 2018

Articles

- The effectiveness of psychosocial interventions in decreasing substance related harm. Iran University of Medical Sciences Journal; 2000
- An overview of the social and cultural theories and psychiatric disorders. Social well-being Journal; 2002
- Medical and Psychological Interventions in Reducing the Risks of Drug Abuse and Improving the Psychological Status of Drug Addicts in Iranian Prisons, Razi Journal of Medical Sciences, 2007

- The effectiveness of supportive-expressive dynamic psychotherapy in improving the treatment outcome for drug; *Contemporary Psychology*, 2009. 4(2).
- The Relationship of Behavioral Activation and Inhibition Systems (BAS/BIS), Difficulty of Emotional Regulation, Metacognition with Worry, *J. Of Cognitive & behavioral*, 2013
- Comparison of Emotional Schemas and Study of the Relationship between anxiety, worry and Emotional Schema in Patients with Obsessive-compulsive Disorder, Social Anxiety Disorder and in Normal Group, *Journal of Research in Psychological Health.*,2014
- The Comparison of Acceptance and Commitment Therapy with Selective Serotonin Reuptake Inhibitors in the Treatment of Obsessive-Compulsive Disorder, *Zahedan J. of Research in Medical Science*, 2014
- Attachment Dimensions, Emotion Regulation and Coping Strategies in Runaway Girls, *Iranian J. of Psychiatry & Clinical Psychology*, 2014
- Comparison of emotion regulation dimensions and attachment styles between people with somatization disorder and normal individuals, *Hormozgan Medical Journal*, 2015
- Are Iranian obese women candidate for bariatric surgery different cognitively, emotionally and behaviorally from their normal weight counterparts? *Eating and Weight Disorders*, 2015
- Vulnerability attachment style to depression and lack of forgiveness: investigation the role of affect control. *International J. of Humanities & Cultural Studies*, 2016
- The God and the Meaning of Life, the Lived Experience of Children with Cancer: A Qualitative Study, *Iranian J. of Psychiatry & Clinical Psychology*, 2016
- The psychometric properties of the Persian version of Interpersonal Sensitivity Measure, *J. of Research in Medical Sciences*, 2017
- Comparing Impulse Control and Emotional Regulation in Patients With and Without Food Addiction, *Iranian J. of Psychiatry & Clinical Psychology*, 2017
- Role of Cognitive, Metacognitive, and Meta-Emotional Components in Prediction of Emotional Distress in Students, *Iranian J. of Psychiatry & Clinical Psychology*, 2017
- Comparison of Life History Strategy between individuals with Opioid Use disorder & normal individuals., (*JOURNAL OF HEALTH BREEZE*) *FAMILY HEALTH*, 2017, 5(3).
- Therapeutic alliance and early change in depression: benefits of enhancing working alliance at the initial sessions of short-term supportive–expressive psychodynamic psychotherapy, *Archives of Psychiatry and Psychotherapy*, 2018; 1: 17–25
- The Relation Between Evolutionary Life Strategy and Temperament and Character in Individuals with Opioid Use Disorder, *Int J High Risk Behav Addict*, 2018
- Investigating the Role of Interpersonal Sensitivity, Anger, and Perfectionism in Social Anxiety, *International journal of Preventive Medicine*, 2018
- Assessing Mastery Through Psychotherapy: Psychometric Properties of the Persian Version of the Mastery Scale, *Iran J Psychiatry Behav Sci*. 2018
- Seeking Safety Therapy for Co-Occurring Posttraumatic Stress Disorder and Substance Use Disorder: A Case Study in Iran, *Int J High Risk Behav Addict*, 2018
- Three Months Assessment of Co-Morbid Post Traumatic Stress Disorder in Women with Substance Use Disorders in a Residential Treatment Center in Karaj. *Iran J Psychiatry Behav Sci*. 2018
- Adolescent Substance Abuse and Family Environment: A Qualitative Study. , *Int J High Risk Behav Addict*, 2019, 8(2).

Projects & Research Activities

- The study of attribution style among people with paranoid schizophrenia. Alameh Tabatabaiee University; 1993
- The comorbidity of addiction and the severe psychiatric disorders. Alameh Tabatabaiee University ; 1994
- The relationship between coping style and mental health among student university; 1999
- The effectiveness of life skills training in mental health promotion among elementary school students. Welfare Organization; 2000
- The effectiveness of drug use prevention among drug abusers' spouses, UNODC, 2002
- The relationship of perfectionism and worry among Tehran University of Medical Sciences students. Mental Health Research Center; Iran University of Medical Sciences; 2012
- Investigating the relationship between perfectionism & worry and the mediating role of emotional regulation among medical student, Iran University of Medical Sciences, 2012
- The documentation of addiction group therapy in Iran. UNODC and Mental Health Research Center, Iran University of Medical Sciences.2012
- A qualitative study of the educational needs of health workers regarding substance abuse management. Iran university of Medical Sciences. Tehran Psychiatric Institute;2012
- The core conflictual relationship theme among people with major depression. Mental Health Research Center, Iran University of Medical Sciences; 2013
- Piloting the effectiveness of behavioral manual for ATS abusers. UNODC & Tehran Psychiatric Institute; 2014
- Employment status and earnings of PLHIV, UNAIDS, 2014
- National Consultant on Conducting situational analysis, need assessment, and development of the training curriculum for school health counseling, UNDP, 2015
- Effectiveness of parenting skills training in parenting style & children's behavioral problems, Ministry of health and Medical Education ;2016
- Effectiveness of the parent- child relationship training program, UNICEF, 2016
- Situation/ Response Analysis of ATS use disorder in the Iran, UNDP, 2017
- Systematic Review of the Bipolar disorders, Iran University of Medical Sciences; 2017
- Social Happiness, Ministry of Health & Medical Sciences, 2017
- Prevalence of Post-Traumatic Stress Disorder (PTSD) among Women with Substance Use Disorder in Residential Therapeutic Centers of Tehran, School of Behavioral Sciences and Mental Health, Iran University of Medical Sciences,2018

Teaching and Training

Trainer/ Teacher of the following workshops and courses:

A. Workshops

- Several workshops on life skills training for Ministry of Education, Ministry of Science, Research and Technology & Medical Sciences Universities Counselors. Welfare Organization
- Life skills for women. Iran University of Medical Sciences, Tehran Psychiatric Institute.
- Adolescence and puberty health. Welfare Organization.
- Basic life skills for prison counselors. Prison Organization.
- Facilitation principles for prison counselors. Prison Organization.
- Facilitation principles workshop for the mental health workers of Ministry of Health and Medical Sciences.

- Psychosocial interventions in addiction for counseling centers counselors. Ministry of Science, Research and Technology
- Substance abuse prevention for Mass Media professionals. UNODC and Welfare Organization.
- Relapse prevention for TC psychologists. Welfare Organization
- HIV/AIDS counseling for Physicians and psychologists. Iran University of Medical Sciences
- HIV/ AIDS prevention. World Health Organization and Ministry of Health and Medical Education
- Couple skills workshop. Ministry of Health and Medical Education & Tehran Psychiatric Institute.
- Coping with violence for prison counselors. Iran University of Medical Sciences, Tehran Psychiatric Institute.
- Coping with anger in couples. Shahid Beheshti university, Department of psychology
- Structured evaluation of addiction. Tehran University of Medical Sciences, INCAS.
- Mental health promotion for single parents. Tehran Psychiatric Institute and Welfare Organization.
- Drug use prevention for Abusers' spouses. UNODC.
- HIV/AIDS prevention for adolescents. UNICEF
- Mental health promotion for children of prisoners. UNODC and Prison Organization
- Supportive-Expressive psychodynamic therapy. Personality disorder psychotherapy symposium. Tehran University of Medical Sciences.
- Behavior therapy for ATS abusers . UNODC & Tehran Psychiatric Institute.
- Prevention of HIV/ AIDS related to drugs for Eco member countries. ECO drug and DOCCU and Tehran Psychiatric Institute
- Parenting for substance abuse prevention. Ministry of Health and Medical Education
- Psychosocial intervention courses in addiction for psychologists. Iran, Tehran & Ghazvin universities of Medical Sciences.
- Brief intervention for depression & anxiety disorders in primary care Health, Ministry of
- Empowerment workshops for mental health workers, Ministry of health
- Alcohol & other substance Harm reduction strategies workshops for mental health workers, Ministry of health
- Domestic violence prevention for mental health workers, Ministry of health & Medical Sciences

B. Academic Course:

- Psychopathology, group therapy, psychotherapy, Diagnostic Interview & psychological Assessment for Master Degree students in Clinical Psychology
- Developmental psychopathology and Group therapy for Ph.D. Students in
- Psychological intervention in substance dependency for addiction studies Ph.D. students in Clinical Psychology
- Communication Skills in research for Ph.D. by Research students, Iran university of Medical Sciences.
- Patient- physician communication for Medical students, Iran university of Medical Sciences

Lectures & Panels:

- Mental Health and Coping Style. The National Congress of Student's Mental Health. 2000
- The Effectiveness of Substance Abuse Prevention among Drug Abusers' Spouses. Substance Abuse Prevention Congress. University of Social Welfare & Rehabilitation, 2009
- A Review of Psychoanalytic Theories on Substance Abuse, First National Congress of psychodynamic in Iran; 2009
- Effectiveness of Supportive-Expressive Psychodynamic Therapy, First National Congress of Psychodynamic in Iran, 2010
- Stigma and Discrimination among PLHIV. The first international HIV/AIDS Congress, 2012
- Behavioral Therapies for Stimulant Use Disorders. The High Risk Behaviors Congress, Zahedan University of Medical Sciences. 2013
- BDRC: Theory & Techniques. Iran Drug Control Headquarters, 2015
- Community Reinforcement Approach in Treating Patients with ATS Use Disorders, 9th Annual International Addiction Science Congress, 2015
- Harm Reduction Services at PHC Level, 9th Annual International Addiction Science Congress, 2015
- Resistance & Transference, Fourth Cognitive Behavior Psychotherapy Congress, 2016
- HIV/AIDS & Addiction: A double stigma. 11th International Congress on Addiction Science in Iran, 2017
- Contingency Management for Substance Use Disorders, Regional in Service Training for Afghans & Tajiks Drug Treatment Professionals, School of behavioral Sciences & Mental Health, Iran university of Medical Sciences, 2018
- Socio Economic Inequality, Entitlement & Violence, The 3rd Iranian Congress of Psychoanalysis and Dynamic Psychotherapy, 2019

Professional and work experiences

- Assistant professor at Iran University of Medical Sciences, Tehran Psychiatric Institute
- Lecturer at Islamic Azad University and Kharazmi University
- Head of the children and adolescents office, Welfare Organization, Deputy of cultural affairs and prevention.
- Head of the life skills program. Welfare Organization, Deputy of cultural affairs and prevention.
- Consultant of the prevention of non- communicable diseases. Shahid Beheshti University of Medical Sciences
- Consultant of project of the mental health promotion in cities. Iran University of Medical Sciences; Tehran Psychiatric Institute
- Consultant of project of the drug use prevention among drug abusers' spouses. UNODC
- Member of the life skills program committee. Ministry of Interior.
- Member of the life skills program developing for university Students. Ministry of Science, Research and Technology; Core Counseling Office.
- Member of social health commission, Supreme Council of the Cultural Revolution
- Member of core council of psychiatry and clinical psychology. Iran University of Medical Sciences, Tehran Psychiatric Institute
- Member of the work group of national mental health committee. Ministry of Health &

Medical Education.

- Member of the work group of national addiction committee. Ministry of Health & Medical Education.
- The scientific chairman of the workshop on prevention of HIV/ AIDS related to drugs for Eco member countries. ECO drug and DOCCU and Tehran Psychiatric Institute
- Member of scientific committee the national congress of social influences and mental health. Iran University of Medical Sciences
- Member of scientific committee of the research in clinical psychology congress. Iranian clinical psychology Association
- Member of scientific committee of high risk behaviors congress. Zahedan University of Medical Sciences.
- The member of scientific committee of the first National congress of psychodynamic in Iran. Shahid Beheshti University of medical Sciences.
- Head the harm reduction & high risk behavior. Research center for Addiction and Risky Behaviors (ReCARB), Iran University of Medical Sciences